

HAPPENINGS this week at CPFUMC

03/11/2020

PLEASE find ALL of the church announcements and happenings on the website: <https://cpfumc.org>

Sunday Worship times 8:30a & 10:45a

If you prefer NOT to receive these Happenings each Wednesday, please reply and let us know that.



LENT, by Christina Rossetti

It is good to be last not first,

It is good to hunger and thirst,

It is good to spend and be spent,

It is good to watch and to pray:

Life and Death make a goodly Lent

Pending the present distress;

So it be for righteousness.

So it leads us to Easter Day.

PRAYERS *for Help and Healing* :

Recent Requests for Prayers:

Sandy Beville, cousin of Karen Packard, cancer

Peggy MacWilliams, Packard cousin of Sue Sidney, heart bypass surgery 3/9; now progressing after set back

Sue Beall, Par's sister-in-law, is in rehab after a serious bout with her COPD

BJ Posner on the death of her husband, Herb Services Saturday, 3/21 at Lakeline Oaks at 10am

Karen Bowker, had knee replacement surgery on Friday and walked the cul-de-sac yesterday !!!!..

Adalid Verastegui, fell & broke hip in rehab at RR St David's #302

Sterling Hartman's heart now beating with a good rhythm

Susan Griffith, Myrl McKellar's daughter, in hospice care at Christopher House in Austin

Trenda, Cindy Osborne's daughter, bitten several times, for treatment decisions- wound care or plastic surgery for remaining bites on her left leg.

Jett Heermans, diagnosed with hyper-active gallbladder ...

Priscilla Gregory, now at Cedar Pointe Health & Wellness Suites, 1301 Cottonwood Creek Trail, CP 78613, for rehab. Please keep her, along with Bill and Terry, in your prayers. .

Marsha Venable is about ready to return to church (*needs transportation*). Leave a message for her at 512.257.9698

Sally Johnson having more procedures on her back.

Brice, Sally Johnson's grandson, recovering from surgery. Prayers for his parents and their strength

Ken Thompson, friend of Gigi Heermans, having some physical & emotional issues.

Marilyn Hartman back at The Pointe!!!

Miranda Williams, Carolyn Smith's daughter, first ultra sound shows a healthy baby !!!

Susan, Sally Johnson's sister, struggling with addiction; wraps herself in prayer shawl almost daily

Cynthia Triana, Ruth Gray's sister, on the death of her husband, Tony. They are in Mexico. .

Jason, nephew of a friend of Debra Longoria, accidentally shot in neck with nail from nail gun

Drew Arnold, nephew of Jane Hilton, now living in a group home,

Jim Lancharic, Lesley Foyt's uncle, on hospice now with the advanced cancer

John Stidolph, 14yr old son of Rebecca, a friend of Lisa Fezell, has died after open heart surgery a month ago...

PRAYERS *of THANKS!!* :

From Bob Bowker.

Thanks

To all, just got home a few minutes ago. Karen is doing pretty well but feeling a lot more pain than yesterday. Now I get to be nurse Bob!! Thank you all for your prayers we both appreciate it very much. Peter, you were great. Thank you for being there for both of us.

Thanks

A STATEMENT FROM RIO TX UMC CONCERNING THE CORONAVIRUS OUTBREAK

Churches all over the world and in our conference are having to consider what effect the spread of COVID-19, also called the coronavirus, will have on their congregation. The CDC has recommendations for faith-based organizations, businesses, and individuals. The World Health Organization also has recommendations specific to COVID-19.

Many of these recommendations are healthy practices we can use throughout the year and every flu season.

The simple habit of handwashing has radically changed the course of diseases around the world.

Promoting hand washing and taking other small steps to help slow the spread of COVID-19 and the flu can help our church communities feel safer and be healthier. Staying informed will be very important in the coming weeks.

Rio Texas Conference Office

Unless otherwise instructed by the CDC, state health officials, or the City of San Antonio, the Rio Texas Conference office will continue to maintain our normal business hours. In response to COVID-19, the Rio Texas Conference staff is taking some steps to help promote good health.

- Extra attention is being given to cleaning doorknobs, door handles, handrails, and other public surfaces.
- Hand sanitizer is available throughout the office.
- Staff exhibiting signs of illness are being asked to stay home.

Our Churches

We are recommending churches in our conference to continue meeting and worshipping together. If a person within one of our church communities has a confirmed case of COVID-19, we will follow the recommendation of the CDC and state health officials. The Rio Texas Conference also recommends churches consider taking steps to help promote good health. In addition to recommendations by the CDC, many churches are making small changes to their worship and gathering practices to help ease growing concerns. Below are some recommendations churches may consider implementing.

Worship Services

- While passing the peace and greeting one another, offer alternative greetings to your community. For example, a person could place their hand over their heart to indicate they would rather not make physical contact.
- Work with janitorial staff for regular environmental cleaning with bleach and to keep the restrooms stocked with hand soap.
- Ask your hospitality volunteers to make sure that there are facial tissues and hand sanitizer stocked and available for worship services.
- Give people permission to stay at home if they are experiencing illness symptoms (i.e., cough, shortness of breath) of any kind.
- For churches with live streaming, remind your community that it is a great way for individuals to recover from an illness at home while staying connected to the church.

Communion

- Limit communion servers to those who do NOT appear to have illness symptoms (i.e., cough, shortness of breath).
- Be sure that Communion chalices, cups, trays, cup fillers, and patens (plates) are washed as thoroughly as any other dishes you might use at home (hot water, dish soap or detergent) before and very soon after each use and stored in a dry, clean cabinet.
- If your congregation is still using individual cups, be sure to have a server who has washed his or her hands give the cup to each recipient, being careful not to touch the hands of the recipient. The server should not touch any used cups, nor should those receiving place used cups back into the trays. The use of disposable communion cups is another option that can be considered.
- Prepare fresh elements with clean hands. People who have any communicable illness, including colds, should not prepare or serve communion.
- Prior to the Eucharistic prayer, have Communion stewards exit the worship space to wash hands with soap and water at the nearest facility.
- Include the "Sacrament of Purell" as a part of the preparation. Have all servers publicly use alcohol-based hand sanitizer prior to handling the elements. Allow your hands to dry naturally prior to reaching for the elements.
- Instruct servers not to touch their face after washing their hands and using the sanitizer.
- If Holy Communion is received by intinction (dipping the bread in the cup), be sure to have only the servers touch the loaf. (The practice of individuals breaking off the bread for themselves greatly increases the risk for contamination).

- Instruct servers of the bread to provide pieces of bread that are large enough to be dipped into the cup without the recipient's fingers needing to touch the juice.
- Instruct servers of the cup to tilt the cup slightly toward the recipients to enable the juice to flow toward the bread, thus eliminating a perceived need to "plunge" the bread (and perhaps fingers!) into the cup. For this season, you might ask parents to help dip their children's bread into the cup.

Communication

- Take time to keep your community informed of the steps your church is taking in response to COVID-19.
- Reach out to the groups that may use your facility but are not part of your community. Partner with them to help support community health.
- Stay informed and keep your community informed. See Article at the end of The Happenings

HAPPENINGS THIS WEEK!!

CALL TO ACTION

BACKPACKS FOR WHITESTONE ELEMENTARY

THANK YOU!!!

EACH WEEK: We prepare 6 backpacks

The shelves are "**Perilously low**" on all items,

REMEMBER Needed Weekly:

12 Breakfasts Cereal, fruit, milk

12 Lunches & 12 Dinners : Mac n Cheese, Ravioli, Cup a Soup; Milk, fruit, veggies,

24 Snacks Granola bars, fruit snacks, cheese crackers, Kid friendly snacks

No backpacks prepared for March 20th since it is Spring Break Gives us a little time to restock the shelves !!!

NOW !!

DINNER TABLES FOR ALL

SIGN UP TODAY!!

Let's Get To Know Each Other?



Did you sign up for Tables for All?

If you have participated or will be participating soon, we would love to hear from you. Please send your review to Carolyn, carolynsmith2215@gmail.com.

MAR 14TH FOURTH SESSION ...

SPIRITUAL GIFTS CLASS

8-11AM

Thank you for filling out a survey last fall. Based on this survey, we are planning to start a 4-week series of Spiritual Gifts classes soon. Here are the dates and times we have planned:

Final Session: Sat, March 14, 8-11am, Modules 7&8,

“Your Calling, God’s Vision & Your Vision Coming Together “

SUN, MAR 14TH .. UNRAVEL THE MESSAGE OF THE BIBLE BOOK OF REVELATION

9:45-10:30AM

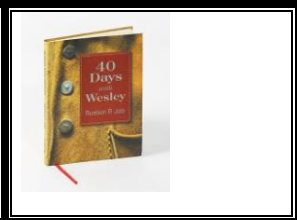
A Bible study led by Pastor Peter during the Sunday School hour in the MMB Conference Room. The guidebook is "**Breaking the Code**" by Bruce M Metzger

- John's Vision of God and the Lamb (Revelation 4:1-5:14)
- Opening the Seven Seals of God's Scroll (Revelation 6:1-8:2)
- Sounding the Seven Trumpets (Revelation 8:3-11:19)
- The Satanic Trinity: The Dragon and the Two Beasts (Revelation 12:1-14:20)
- The Seven Bowls of God's Wrath (Revelation 15:1-18:24)
- The Final Victory and the Last Judgment/John's Vision of the Heavenly Jerusalem (Revelation 19:1-22:21)

WED. MAR. 11TH NOON

FORTY DAYS WITH WESLEY

READINGS DAY 7-12



Noon each Wednesday a Brown Bag discussion of these reflections will be had in the MMB Conference Room ... all interested are welcome to join the weekly discussions. Come !!

Each selection offers a simple daily pattern of reflection with a prayer, scripture, a short reading, quotes from John Wesley, and a blessing to take with you through the day.

Even those new to Wesley or a daily prayer guide will find this book an easy read for reassurance & inspiration during the Lent & Easter season. Those familiar with Rueben Job's writing will be delighted to find selections of his writing from the past two decades in a new format

SAT. MAR. 14TH.**UNITED METHODIST WOMEN****ST JOHN UMW INVITATION**

Saturday, March 14th first Unit Gathering/All Circles – 9:30 to 11:30 AM -- Breakfast served, Great Hall.

Program: God's Creation: Environmental Program with plant swap!

Please bring seeds and plants to swap for our fun exchange during the first part of the unit meeting. **Lynn and Cathy Barton** will share information relating to **Climate Change and Climate Justice**. They have designed a liturgy which involves prayer, singing, sharing and a plan of action. **Bernadine Eaton**, went to Antarctica with the Bartons and will also share her thoughts. There will be some slides of **Antarctica and Argentina**, as well. **Don't forget your seeds and plants to share!**

MARCH 15TH**NO YOUTH****SPRING BREAK!**

Volunteer to furnish lunch for the YOUTH ... Sign Up on list on back table in sanctuary....

Youth news - District Midwinter

On February 29 – March 1, 88 participants from 7 churches as well as volunteers from the Texas Wesley Foundation gathered at Camp Buckner for the Capital District Midwinter Retreat.

The theme for the weekend was "Made to Worship" which focused on how we have been created to worship and learning what it means to worship God fully. Wesley student volunteers led workshops and worship and the young adult praise band "Woven Worship" led music for the weekend.

Participants engaged in fun fellowship activities including an escape room, a creative video challenge using the popular media platform TikTok, spent free time outside on the campgrounds, and had a stargazing singalong party!

This weekend allowed students to be part of an intentional community and challenged them to dive deeper in their faith and to form new relationships with youth from across the district. Many many thanks to Anna Shipley for coordinating this event. See you all next year!

Thank YOU ALL so much for supporting this venture by the youth !!!

Go YOUTH!! Peace, Suzette

MARCH**CHOIR**

Preparing for Lent & Easter - Easter is April 12th 2020

March 15th - rehearsal after second service (I'll be tired fly in at 5:30 am so warning you now ☹)

March 29th - sing Angus Dei

April 5th - I'm out with school choir in OK, but sing Sing Hosanna!

April 9th - Holy Thursday - sing At the Lamb's High Feast We Sing

April 10th - Good Friday sing When You Prayed Beneath the Trees

April 12th - Easter sing Come and Sing an Easter Praise & Sing Hosanna! & Quartet??

April 19th - sing & 3:15 at The Pointe - sing Easter songs and Holy Thursday song at The Pointe

April 26th – off

MARCH 28TH- SAT.**SPRING WORK DAY****9AM-NOON**

Saturday, March 28, 2020 will be the official Spring Work day this year. We will work at the church from 9am until noon that day. You can sign up for a task and perform it at your convenience. Thanks for your help getting the church ready for Easter!

CALENDAR OF EVENTS

WEDNESDAY, March 11th

Noon Brown Bag Wesley Discussion #2

1:00p Easy Line Dancing Class

THURSDAY, March 12th**FRIDAY, March 13th**

9:00am Men coffee at Randall's Cypress Creek

10:00a Weekly Women's Coffee

SATURDAY, March 14th

8-11am Final Spiritual Gifts Class

SUNDAY, March 15th

8:30a WORSHIP, Come, Celebrate, Communion

9:45a Sunday School for all ages

Revelation Study in Conference Rm

10:45a WORSHIP, Come, Celebrate,

Noon NO YOUTH! Spring Break

3:30p Worship at The Pointe (no communion)

MONDAY, March 16th Monday Moanings for youth

6:30pm CHURCH COUNCIL

7:30-9p Centering Prayer

TUESDAY, March 17th

9:30a Morning Worship

10:00a Bible Study

11:00a Prayer Shawl Ministry

WEDNESDAY, March 18th

9:30a Membership Care
 Noon Brown Bag Wesley Discussion #3
 1:00p Easy Line Dancing Class

LOOKING FORWARD !!

Wed Mar 18 Noon	Brown Bag Wesley #3	Wed Apr 1 st Noon	Brown Bag Wesley
Fri Mar 20 th	Newsletter Input	Thurs Apr 2 nd 5pm	UMW
Fri Mar 20 th	HCCM Work Team	Sun Apr 5 th	Palm Sunday
Sat Mar 21 10am	Posner Funeral Lakeline Oaks	Wed Apr 8 th Noon	Brown Bag Wesley #6
Sun Mar 22 2:30	SPRC	Thurs Apr 9 th 7pm	Worship. Maundy Thursday
Wed Mar 25 Noon	Brown Bag Wesley #4	Fri Apr.10 7pm	Worship; Good Friday
Sun Mar 29 ^h	Potato Jar Sunday	Sun Apr 12 7a, 8:30a, 10:45a	EASTER
		Wed Apr 15 Noon	Brown Bag Wesley #7

Please Check the complete calendar at <https://cpfumc.org/>

March 2020**INFORMATION ON CHURCH VITALITY!****MTD****Year to Date Finances Overview****This Week's Attendance****March 8th**

Anticipated expenses	\$ 21,865.
Contributions (2/5) Sundays	\$ 9,201.
Still Needed:	\$ 12,664.
Additional Giving	
\$2 For 20	\$ 186.
True Vineyards (Rwandan Widow)	\$ 44.
Communion (UMCOR)	\$ 571.
Youth / Holy Land Trip	\$ 4,069.

8:30am
27(Visitors 0)

10:45am
57(Visitors 2)

Sunday School
Children: 14
Adults: 22

Youth Group 12

UpComing: MARK YOUR CALENDARS!!**DONATIONS****HILL COUNTRY COMMUNITY MINISTRIES****HELP****Address:** 1005 Lacy Dr, Leander, TX 78641**Phone:** (512) 259-0360**Hours:** Mon,Tues, Wed. & Fri. from 9a-12p, 1p-3p; Thursday: 9a-12p, 1p-7p ; Closed Saturday & Sunday

Last week 26 pounds This week Not delivered yet

Talk to Anita Martin who is setting up a team to work at HCCM Thrift Store Her team has already spent three hours helping at the store last Saturday.... **JOIN** the team !!!

JUNE 15-19TH**VACATION BIBLE SCHOOL****6:30-8PM****Ready, Set, Go!****MEGA Sports VBS needs YOU!****June 15 – 19, 2020 from 6:00 pm to 8:00 pm**

Calling all adults onto the field to help make this year great.
 Please place your name on the signup sheet is in the sanctuary.
 We cannot be winners without you.
 If YOU would like to help See Carolyn Smith or Amanda Theriot

THE PATH OF HOPE: A STUDY ON CLIMATE ACTION FOR FAITH COMMUNITIES

I'm so excited to announce the release of Texas Impact's new climate change study guide for faith communities! **The Path of Hope: A Study on Climate Action for Faith Communities** is a small group, discussion-based series that leads even first-time climate advocates into powerful climate policy action. Special thanks to Trish Merrill and University United Methodist Church of Austin, and Mel Caraway and Grace Avenue United Methodist Church of Frisco, for piloting the study and helping us get it right.

For any Sunday school or other small group itching to “take action” on climate justice, this study is your one-stop shop!

The study includes: · (!) four 15-minute videos (2) discussion guide and meeting template (3) recommended advocacy projects and action planner (4) additional video and written resources

The study is **designed** to be used in four 1-hour sessions, including video viewing times, but the content is highly flexible and easily customizable. Group leaders will appreciate the study's helpful guidance on structuring discussions around tough topics, and ready-to-implement advocacy actions that include practical checklists and printable templates.

The Path of Hope is responsive to people of faith who want to move from personal environmental stewardship to climate policy advocacy. The videos clarify the often-obscure language of global climate policy, and demonstrate the critical need for strong US climate leadership—especially headed into COP26, the global climate negotiations set for November 2020 in Glasgow, Scotland.

The Path of Hope is available **FREE of charge** at thepathofhope.org. Participants must register a user account to access the study content. **READ MORE**

SAT. MAR 28TH ADDICTION AND THE CHURCH WORKSHOP AT AUSTIN SEMINARY

9AM-NOON

This workshop will help congregations envision new and effective ways to minister to those in their midst who are struggling with addiction or who love someone struggling with addiction.

Participants will learn the difference between addiction and chemical dependency, discuss how brain chemistry is at play, and hear about how to structure an intervention in a loving way.

Location: Austin Presbyterian Theological Seminary, Liturgy Lab, 100 E. 27th Street, Austin 78705

Cost: \$30 each **Presenter:** Rev. Dr. David Lee Jones

Recommended for: clergy, laypersons, family members, and anyone interested in learning more about addiction and how to minister to persons struggling with addiction in the church

Reverend Dr. David Jones has been studying and implementing Bowen family systems theory for over 35 years and is a popular speaker/consultant on leadership development and conflict management.

He is a Presbyterian pastor who has served churches in New York State (including Southampton Presbyterian Church—the oldest Presbyterian Church in the United States, founded in 1640) and Atlanta. He has received Atlanta Presbytery's *Small Church Pastor of the Year Award* and the church simultaneously received *The Small Church of the Year Award*. Among numerous academic articles, his essay, "Peace is Systemic," won first place in Bethany Theological Seminary's Peace Essay Writing Contest.

Jones holds a degree in drug and alcohol abuse counseling and a ThD in pastoral counseling; his doctoral research focused on helping persons wounded by problem drinkers discover forgiveness. He also served as the executive director of the Harmony Grove Counseling Center. For over a decade he worked nights as an emergency room crisis counselor for several county mental health centers. He taught at the Seminary of the Southwest's (Episcopal) master's degree programs in Chaplaincy and Counseling from 2008 to 2018 and is a Fellow in the American Association of Pastoral Counselors.

Register Here! <https://www.austinseminary.edu/lifelong-learning/workshops/addiction/>

TIDBITS

NEWS & FEATURES

FROM THE UMC

[HTTPS://WWW.UMNEWS.ORG/](https://www.umnews.org/)

These and MORE stories from the UMC can be found at <https://www.umnews.org/>

CAPITAL DISTRICT UMC

NEWS

A WORD FROM DS TERESA WELBORN

We recently hosted Rev. Dr. Joseph Daniels from Emory Fellowship in Washington, D.C. Sharing about his ministry overseeing a church and an affordable housing project, he had words of challenge and inspiration for us.

At that District Professionals meeting, I also shared information about the district's current apportionment giving. Our overall giving to apportionments in the Capital District is significantly down. This reality is impacting funds available for Mission Board to grant for various missional causes. The executive team for the Mission Board will meet next week to make decisions on the best way forward given these current realities. In these tenuous times, continued prayer and discernment about how God is calling us to lead and serve is important.

As people of faith, I also believe it is crucial for us to lead with an assurance of God's abiding presence with us. While there are a host of distractions in our daily lives making it difficult to see the signs of life and hope God is sending to us, this Lent I'm trying to remember that I have a choice in what I see and that to which I give energy. May we be strengthened these days in our ability to choose what is life-giving. Among the encouraging words Dr. Daniels shared with us, these are some of the ones that stay with me:

"There is much giftedness in our congregations."

"Transformative connections happen when we build relationships that aren't transactions."

"You don't declare a vision; the vision comes to you. Take visioning time with God to see what God wants, not what you want."

Stay encouraged!, Teresa

WHAT YOU NEED TO KNOW ABOUT CORONAVIRUS DISEASE 2019 (COVID-19)

CDC

What is coronavirus disease 2019 (COVID-19)? Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19? Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic>.

Have there been cases of COVID-19 in the U.S.? Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

How does COVID-19 spread? The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at <https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html>.

What are the symptoms of COVID-19? Patients with COVID-19 have had mild to severe respiratory illness with symptoms of • fever • cough • shortness of breath What are severe complications from this virus? Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself? People can help protect themselves from respiratory illness with everyday preventive actions. • **Avoid** close contact with people who are sick. • **Avoid** touching your eyes, nose, and mouth with unwashed hands. • **Wash** your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should • **Stay home** when you are sick. • **Cover your cough** or sneeze with a tissue, then throw the tissue in the trash. • **Clean and disinfect** frequently touched objects and surfaces.

What should I do if I recently traveled from an area with ongoing spread of COVID-19? If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine? There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment? There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

Be aware when visiting people in Rehab or Nursing/Care Homes you may be asked to wear a mask, take your temperature, answer questions about your travel, wash your hands, etc.